

LIPOEDEMA: HIDDEN IN PLAIN SIGHT

YOU NEED TO KNOW
WHEN **YOU** SEE IT

UP TO
1 in **10** women
suffer

from this progressive
disease and don't even
know they have it



EARLY DIAGNOSIS & TREATMENT IS ESSENTIAL...

Lipoedema is more prevalent in women and very rarely affects men. It is characterised by an abnormal, usually symmetrical, accumulation of fat in the legs, hips, buttocks and arms. It is a separate condition to obesity and lymphoedema.

The cause of lipoedema is unknown, but hormonal changes, weight gain and genetics are thought to be involved.

The size and shape of legs, and the resultant mobility issues and pain, can have a profoundly negative effect on quality of life, and physical and mental health.



© The Lipoedema Project 2017. All rights reserved. Used with permission



CHECK OUT
THIS 30 MINUTE
RCGP Learning
COURSE

Lipoedema
UK